

Stress Echocardiogram Testing Instructions

PATIENT NAME: _____

Stress Exercise
Method: Dobutamine (pharmaceutical)

PHYSICIAN: Calhoun Harper Lewis Maglione Murphy H. Patel P. Patel Weaver

DATE of Study: _____ / _____ / _____

TIME of Study: _____ : _____
AM
PM

LOCATION of Study: Wilmington Cardiology NHRMC Cardiovascular Lab

About This Test:

The results of this procedure will help your doctor determine whether your coronary arteries have become narrowed as a result of coronary artery disease and evaluate your heart valves and heart function.

Do not eat or drink anything (other than water) for four (4) hours prior to this test!

Your heart will then be imaged using ultrasound. The imaging process takes about 15 minutes. During this test, the doctor will monitor your heart with an electrocardiograph (ECG). Electrode pads will be placed on your chest. These pads are attached to wires connected to the ECG machine. You will either walk on a treadmill, or be injected with a small dose of dobutamine, to stress the heart. If you have any unusual sensations during or immediately following the test, it is important that you let the doctor know. Please wear comfortable clothing and shoes.

CONTINUE medications as directed (with a minimal amount of water to drink)

DISCONTINUE the _____
following medications: _____

If you have any questions about, or must reschedule this test, please call our office as soon as possible, at 910/815-3420. Thank you - we look forward to seeing you soon!